

Using Measured Heat Loss to Optimise Heat Pump Design

Dr Richard Jack, BTS

Leah Robson, Your Energy Your Way

9th April 2026



Today's speakers



Dr. Richard Jack
Build Test Solutions



Leah Robson
Your Energy Your Way



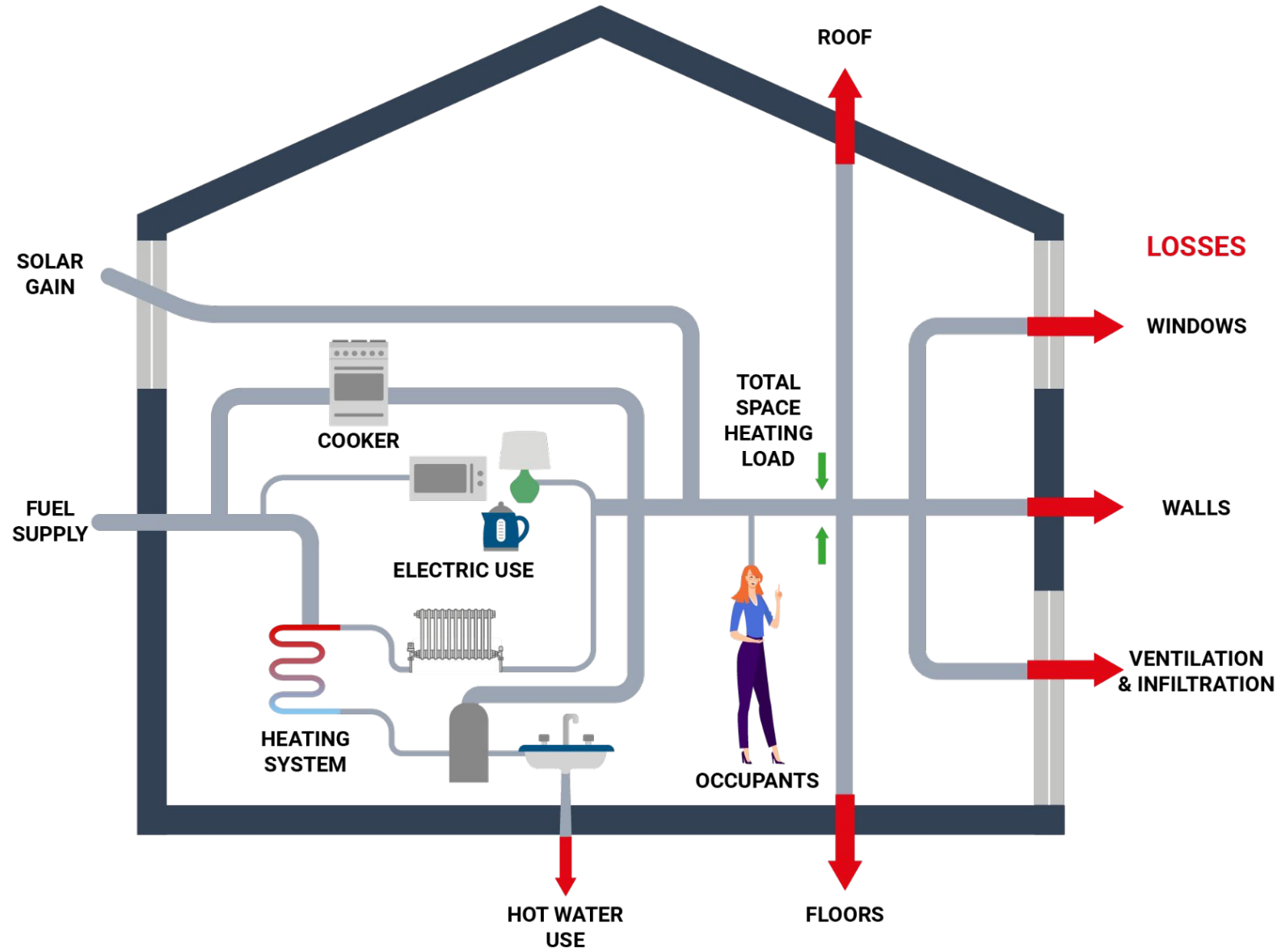
Contents

- Richard - A bit of building physics & worked examples
- Leah - an installer's perspective
- Q&A

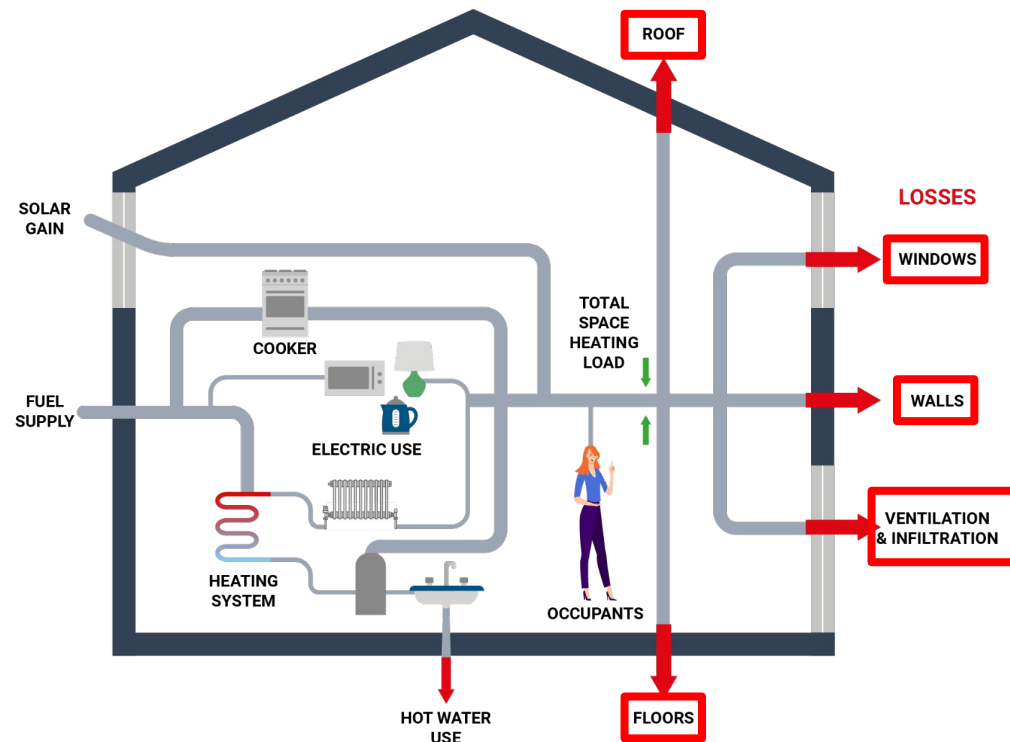


A bit of building physics 🙌





How does a heat loss calculation work?

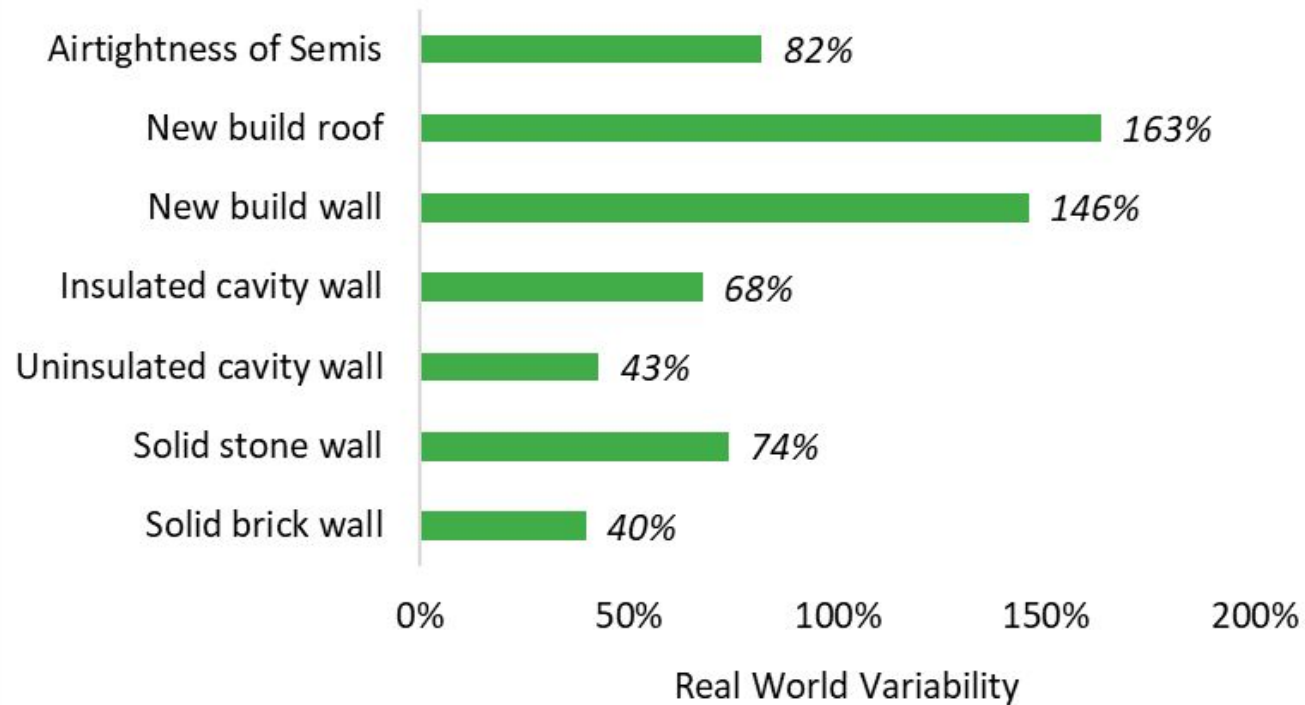


1. Take each **heat loss path**
2. Estimate performance: U-values, air changes
3. Multiply assumed performance by area
4. Add them up

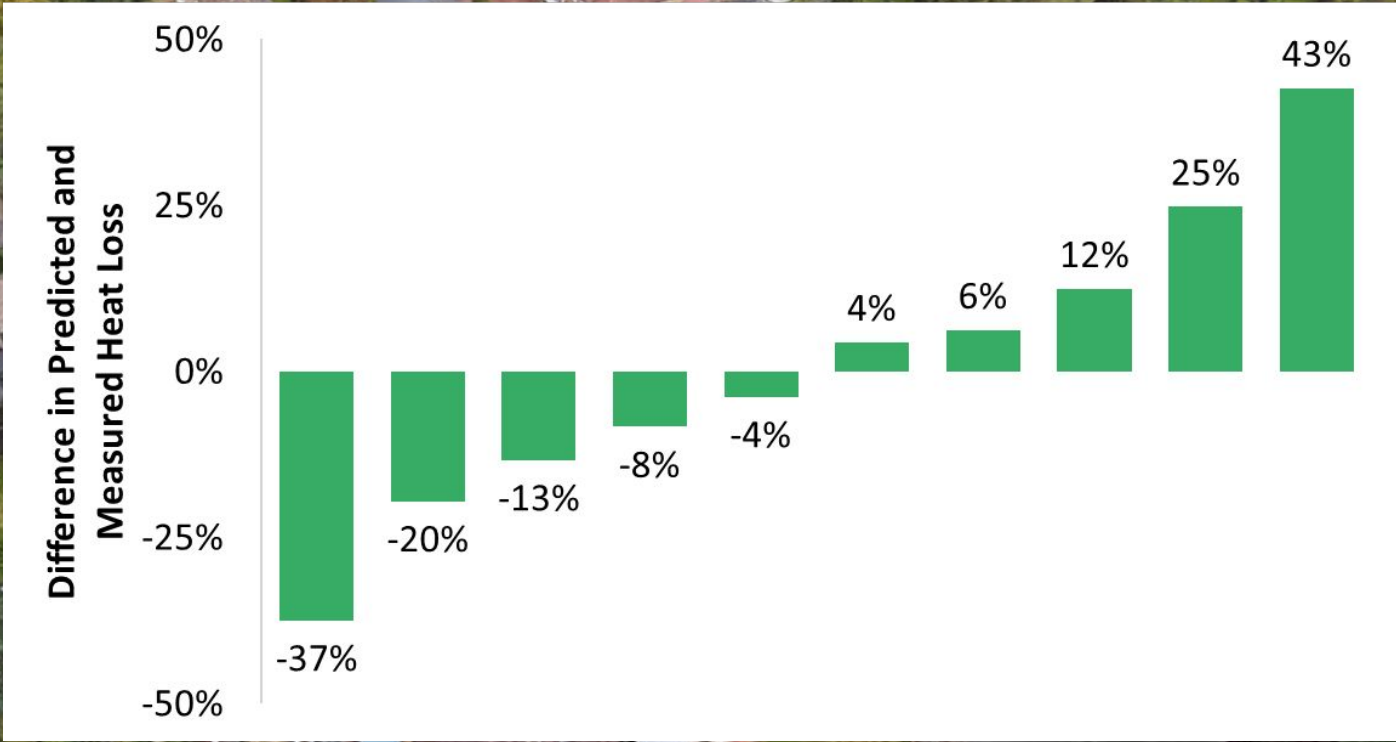
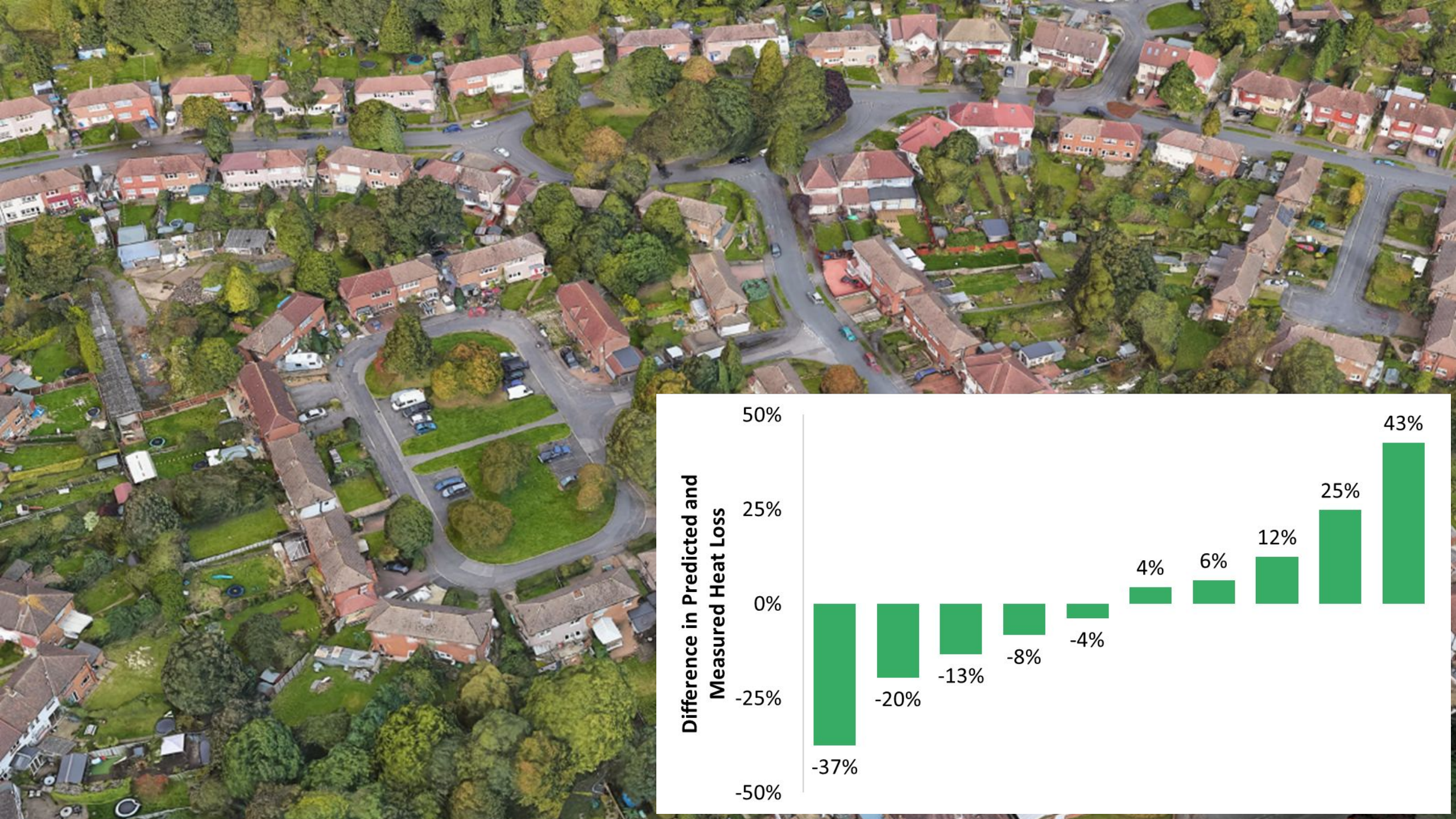


What's wrong with that?

Real building performance is *incredibly* varied



Data from:
BRE (2016). [Solid wall heat losses and the potential for energy saving.](#)
Baker (2011). [U-values and traditional buildings: In situ measurements and their comparisons to calculated values.](#)
Hulme, J & Doran, S. (2014). [In-situ measurements of wall U-values in English housing.](#)
Gupta & Gregg (2020). [State of the nation review: Performance evaluation of new homes.](#)



What can we measure?



Bit by bit, or altogether

Bit by bit - calibrate the model:

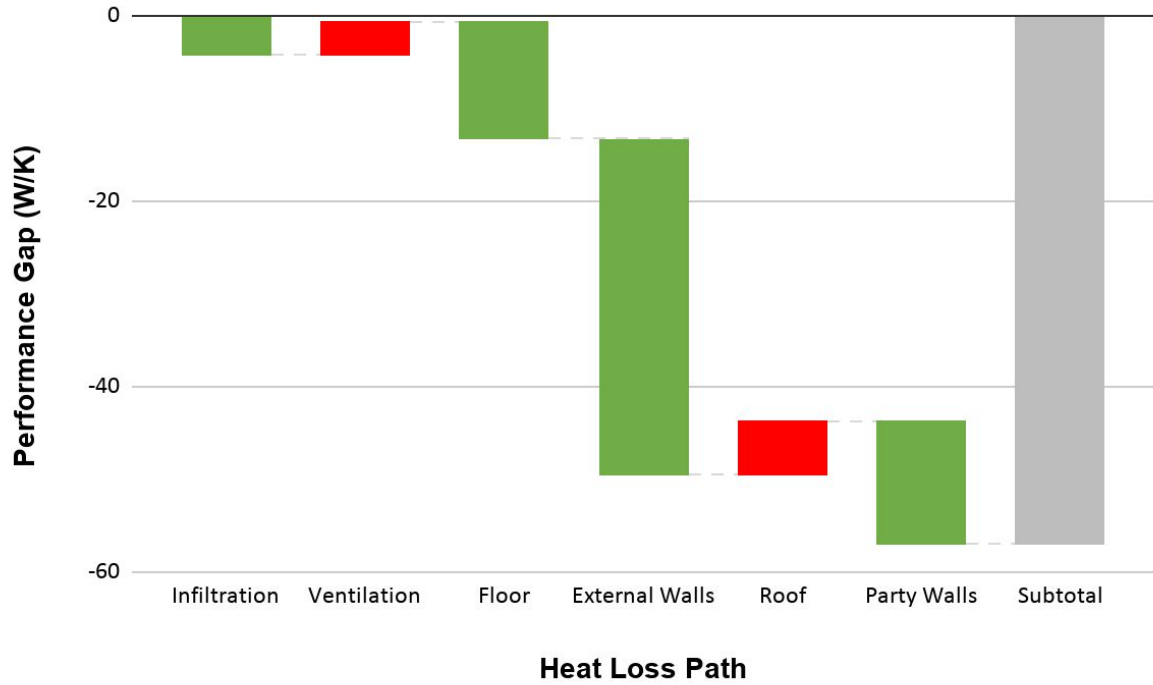
- U-values | *1 hour*
- Airtightness | *30 mins*
- Ventilation flow rates | *30 mins*

Altogether - directly measure overall heat loss:

- SmartHTC | *30 mins, requires 3wk data*



Worked Example



Worked Example

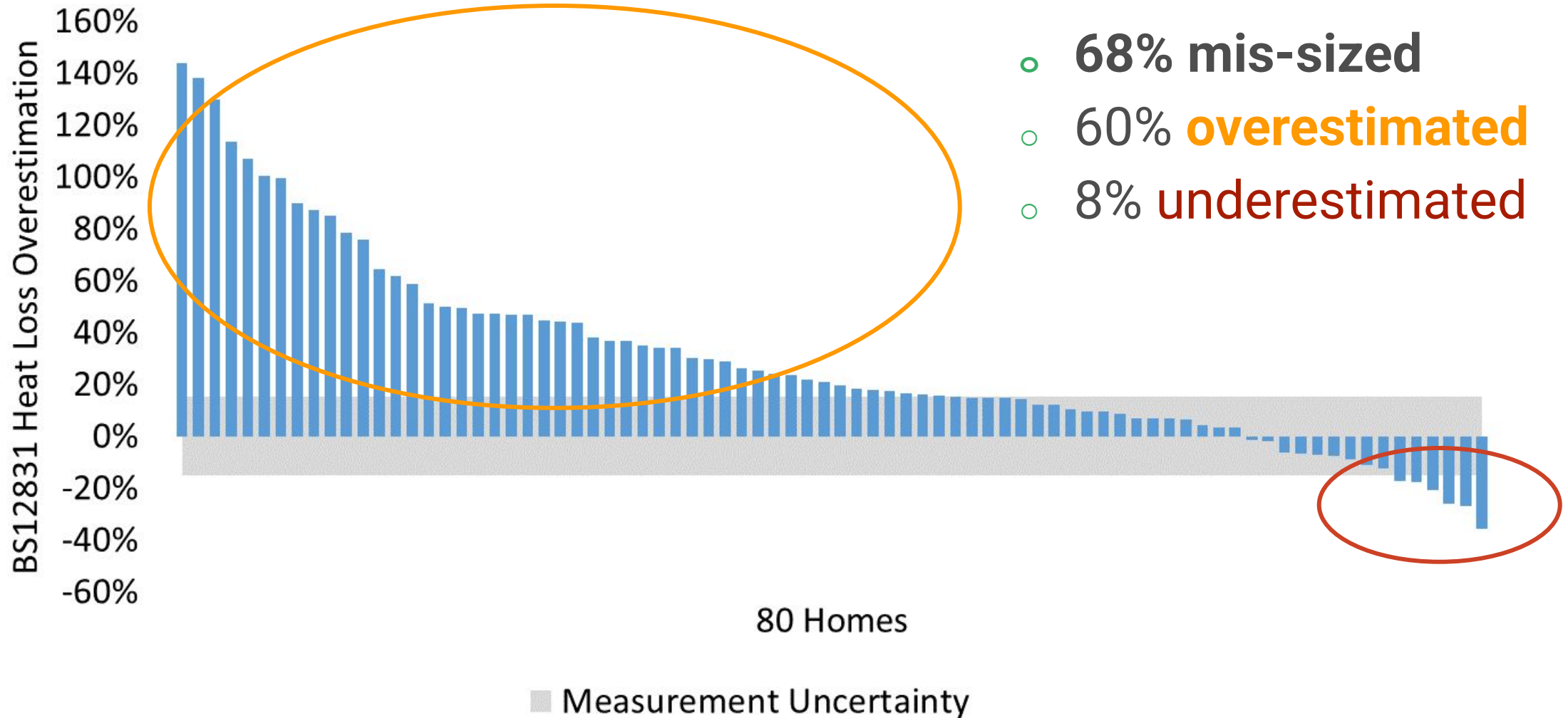
- Calculation - 210W/K, 5.1kWp
- SmartHTC - 127W/K, 3.0kWp

Could stop here...

- Airtightness & U-values explain the difference
- & calibrate room/emitter results



Heat Pump Sizing Field Trial



Does Right Sizing Matter?

I think it means:

- Often thousands £ difference to install cost
- Less disruption
- Better running efficiency?
- Minimise undersizing risk



An Installer's Perspective





Measurement and Air Source Heat Pump Sizing

Produced by: Your Energy Your Way CIC

www.yourenergyyourway.co.uk

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9 April, 2026

Introducing Colin and Deborah



Whole House Report

Measurements Taken:

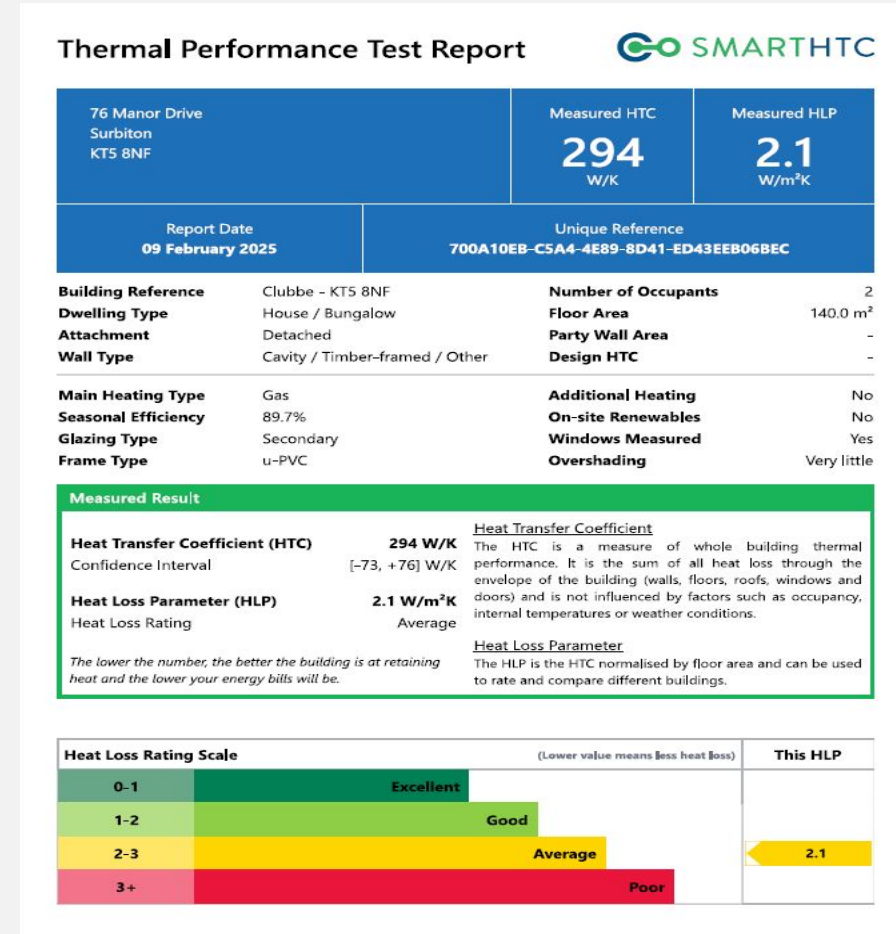
- Air tightness test
- Thermal imaging survey
- Data loggers to measure heat loss
- Conventional heat loss survey



Results

19

- Data loggers: heat loss of 6.1kW with a confidence interval of 4.6kW to 7.7kW
- Conventional heat loss: heat loss of 9.31kW.
- Air tightness 7.19 m³h⁻¹m⁻² @50 Pa
- Infrared U value measurement



So What?



- We installed an 8kW heat pump instead of a 12kW one
- We only upgraded 5 radiators instead of 12
- Reduced the install cost by approximately £2000
- More efficient running

Further Information



Further Information

- **PODCAST**

- **RISE podcast:**

“Heat Pumps: tackling the problem of over and under specification”

Dr. Richard Jack and Sarah Daly

https://open.spotify.com/episode/58N6EAscHpyyY1B4qwW69X?si=8_lkEdLXQmmDxdIQVIP0Gw&nd=1&dlsi=63fec3bfa6bd41b4


The RISE logo consists of the word "RISE" in a bold, white, sans-serif font, centered within a dark blue square background.

RISE




Training

- **U-value training:**
7 May 2026 / 1 June 2026



Who is it designed for?
Everyone from engineers, architects and energy professionals already well versed in U-value calculations through to new users seeking an introduction to measured U-values and looking to unlock the associated opportunities. Suitable for OCDEAs, NDEAs, Retrofit Assessors and Coordinators.

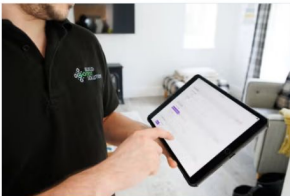
Price
£295 GBP



COURSE INFO


- ⌚ Duration: 6 hrs
- 📍 Location: Weedon Bec, NN7 4PS
- 👥 Max Persons: 8

- **SmartHTC User Training:**
Contact for dates



Who is it designed for?
New SmartHTC users who want to be able to provide thermal performance measurements services to their customers.

Price
£200 GBP
/ person



COURSE INFO


- ⌚ Duration: 2 hrs
- 📍 Location: Online

- **Level 1 air tightness testing:**
14-16 April 2026 / 19-21 June 2026



Who is it designed for?
Anyone wishing to learn about or become qualified as an airtightness tester. Prior experience in a construction or built environment-related discipline is beneficial but not essential. PLUS! Receive a 15% discount on the L1 course fee when purchasing a Pulse kit. (Applies to 1 person per kit when purchased within 6 weeks of completing the Level 1 course)


Price
£1,450 GBP



COURSE INFO


- ⌚ Duration: 21 hrs
- 📍 Location: Hybrid / Weedon Bec (NN7)
- 👥 Max Persons: 8

- **Pulse Upskill training:**
16 April 2026 / 21 June 2026



Who is it designed for?
Anyone wishing to learn about or become qualified as an airtightness tester. Prior experience in a construction or built environment-related discipline is beneficial but not essential. PLUS! Receive a 15% discount on the L1 course fee when purchasing a Pulse kit. (Applies to 1 person per kit when purchased within 6 weeks of completing the Level 1 course)

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Diary Dates

- **EVENTS**

- Making Measurement Mainstream, Hamilton - 6th May
- Futurebuild, London, 12th-14th May
- Elmhurst Conference, Glasgow - 20th May
- PEPA Conference, Nottingham - 29th June



Next Webinar

- **Measurement in action - case studies from the front line**

4th June @ 1pm

Presented by: Michael Huth



Thank you!

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